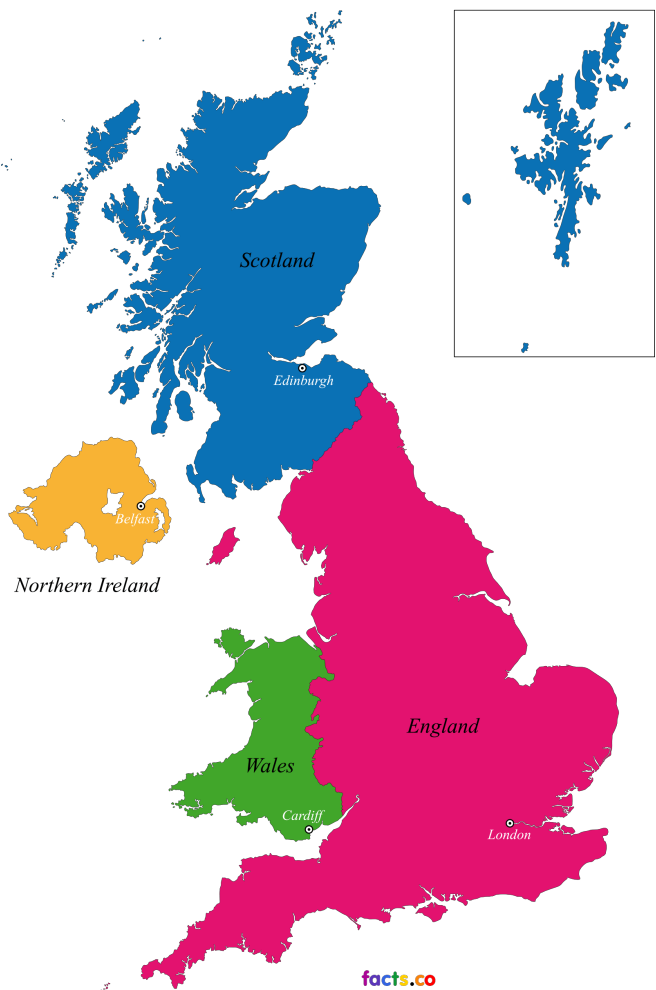


Washtenaw  
Community College

UK Study Abroad  
2019



# Study Abroad Rules of Conduct

- **You are required to follow the academic policies of WCC** when on a study abroad trip.
- **You are required to follow the instructions of the faculty leading your trip.** Failure to follow these instructions may result in being sent home from the trip at your own expense.
- While the UK is a very safe place, **you should not travel alone** unless absolutely necessary. If you need to be escorted back to the hostel, please ask one of the faculty.
- **NEVER** get into a private vehicle or enter a residence or hotel room with someone you just met on the trip.
- Use of ANY banned substance (drugs) while on the trip is a direct violation of WCC Policy and will result in your removal from the trip.

# Travel Tips & Reminders

## Safety

- **999** is the emergency services number.
- Always travel in groups. Do not go out alone.
- Be aware of yourself and your surroundings.
- Know your exits. For each hostel we stay at, you should plan 2 exit paths in the event of fire or emergency.

## Dealing with Jet Lag

- Stay hydrated. Drink plenty of water on the flight and when you arrive in London.
- Minimize caffeine and alcohol use.
- Resist the temptation to go to bed right away when we get to London. Stay up until an early local bedtime.
- Sunshine and exercise are the best ways to fight jet lag.

## Time Zone

- United Kingdom is currently on BST (British Summer Time). GMT + 1hour.
- The UK is 5 hours ahead of Detroit. 12 Noon in Detroit = 5 PM in London.
- Remember to do the math before calling or texting friends and family back home. Remind them to do the same for you.

## Money Matters

- Before you go, contact your bank/credit card company to let them know you will be traveling so they can activate your card for international transactions. Also, find out what fee they charge for international transactions (usually, somewhere around 3%).
- The UK's currency is the pound sterling (£/GBP). Colloquially, a pound is known as a quid. There are 100 pence (p) to the pound (£). Notes come in denominations of £5, £10, £20 and £50. Coins come in 1p, 2p, 5p, 10p, 20p, 50p, £1 and £2.
- The exchange rate is about £1 = \$1.30 or \$1 = £0.77.

## Getting Around London

- The London Underground network, or the Tube, is a great way to get around London.
- You will receive a £40 Oyster Card for use on the Tube. Your Oyster Card will also get you discounts throughout the city.
- Be sure to download a London Tube app before you go.

# Travel Itinerary

## Thursday, 5/23

6:00-12:00 Arrivals at Heathrow  
PM Free Time

## Friday, 5/24

8:00 Picked up in front of hostel by London Country Tours  
9:30 Canterbury Cathedral tour  
11:30 Lunch in Canterbury  
1:30 Dover Castle, White Cliffs of Dover

## Saturday, 5/25

9:30 Walking tour of Westminster area  
PM Free time

## Sunday, 5/26

10:00 Tower of London  
PM Free Time

## Monday, 5/27

Free Time

## Tuesday, 5/28

7:30 Picked up in front of hostel by London Country Tours  
9:30 Salisbury Cathedral tour  
11:00 Lunch in Salisbury  
1:00 Old Sarum (Iron Age hill fort and Norman Castle)  
2:30 Stonehenge (download the Stonehenge Audio Guide on your phone before we leave and take earbuds with you!)

## Wednesday, 5/29

10:00 Tour of Museum of London Archaeological Archives  
PM Free Time

## Thursday, 5/30

9:00 Depart hostel  
10:40-12:10 Train: London Euston-Crewe  
12:47-1:08 Train: Crewe-Chester  
1:24-2:16 Train: Chester-Conwy  
PM Free time in Conwy

## Friday, 5/31

9:30 Conwy Castle  
PM Free Time in Conwy

# Travel Itinerary, continued...

## **Saturday, 6/1**

8:30 Depart hostel  
9:19-10:15 Train: Conwy-Chester  
10:23-11:18 Train: Chester-Manchester  
11:32-12:19 Train: Manchester-Leeds  
12:41-1:08 Train: Leeds-York  
PM Free Time in York

## **Sunday, 6/2**

10:00 Jorvik Viking Centre  
12:45 Depart hostel  
1:37-2:35 Train: York-Newcastle  
2:55-3:50 Train: Newcastle-Bardon Mill  
3:50-4:00 Minibus to Vindolanda

## **Monday-Friday, 6/3-6/7**

Archaeological excavation at Vindolanda

## **Saturday-Sunday, 6/8-6/9**

Free Time at Vindolanda

## **Monday-Friday, 6/10-6/14**

Archaeological excavation at Vindolanda

## **Friday, 6/14**

5:00 Minibus to Bardon Mill  
5:37-6:16 Train: Bardon Mill-Carlisle  
7:05-8:25 Train: Carlisle-Edinburgh

## **Saturday, 6/15**

9:30 Edinburgh Castle  
PM Free Time in Edinburgh

## **Sunday, 6/16**

Departures

# Accommodations Overview

## Wombats Hostel

7 Dock Street, London E1 8LL

011 44 020 7680 7600

[www.wombats-hostels.com/london/](http://www.wombats-hostels.com/london/)

## YHA Hostel

Larkhill, Sychnant Pass Road, Conwy LL32 8AJ, UK

011 44 345 371 9732

[www.yha.org.uk/hostel/yha-conwy/](http://www.yha.org.uk/hostel/yha-conwy/)

## Safestay Hostel

Micklegate House, 88-90 Micklegate, York YO1 6JX

011 44 1904 627 720

[www.safestay.com/ss-york-micklegate.html](http://www.safestay.com/ss-york-micklegate.html)

## Vindolanda

Bardon Mill, Hexham, NE47 7JN

011 44 1434 344277

[www.vindolanda.com](http://www.vindolanda.com)

## Budget Backpackers (Kick Ass Hostels)

37-39 Cowgate Edinburgh EH1 1JR

011 44 131 2266351

[www.kickasshostels.co.uk](http://www.kickasshostels.co.uk)

Wednesday, May 22<sup>nd</sup>.

**Detroit Airport**

You are responsible for making your own way to the Detroit Airport. Be sure to arrive at least **2 hours prior** to your scheduled departure.

**FLIGHT:** \_\_\_\_\_

**Departure Time:** \_\_\_\_\_

**Notes:**

# Thursday, May 23<sup>rd</sup>

- **6:00-12:00** Arrivals at Heathrow  
**PM Free Time**

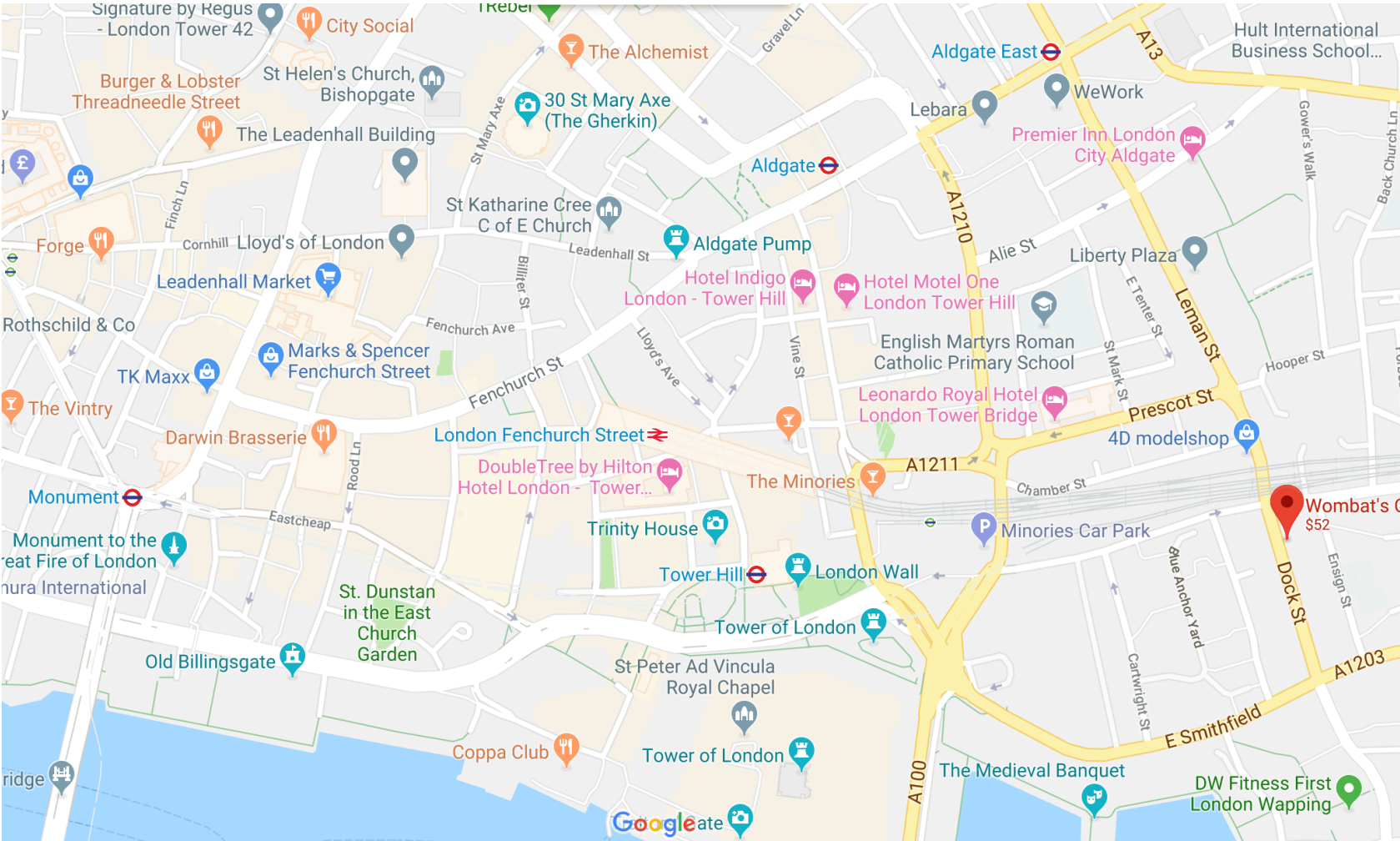
## **Clearing Customs**

- You'll pass UK Customs after baggage claim, before you enter the public arrivals area. Meet up with the rest of the group **after** clearing customs.
- £40 Oyster cards will be handed out at each airport by faculty. These will cover travel from the airport to central London, as well as London Underground travel all week.
- **From Heathrow:** Take the Picadilly Line to Hammersmith. Transfer to the District Line to Aldgate East stop. Walk down Leaman St to Dock Street.

## **Notes:**



# Map of London



# Map of Underground



# Free Time Options in London

## FREE

British Museum  
National Gallery  
National Portrait Gallery  
Victoria and Albert Museum  
Tate Modern  
Museum of London  
National Maritime Museum  
Imperial War Museum  
Guildhall Art Gallery and  
Roman Amphitheater  
British Library

## NOT FREE

Globe Theater  
Westminster Abbey  
Hampton Court Palace  
Royal Observatory (Greenwich)  
Darwin's House (Downe, Kent)  
London Eye  
Palace of Westminster (Houses of Parliament)  
St. Paul's Cathedral  
Kensington Palace  
Kew Gardens  
Windsor Castle  
Tower Bridge

Friday, May 24<sup>th</sup>

- 8:00** Picked up in front of hostel  
by London Country Tours
- 9:30** Canterbury Cathedral tour
- 11:30** Lunch in Canterbury
- 1:30** Dover Castle,  
White Cliffs of Dover

**Notes:**

Saturday, May 25<sup>th</sup>

**9:30** Walking tour of  
Westminster area

**PM** Free time

**Notes:**

Sunday, May 26<sup>th</sup>

**10:00** Tower of London

**PM** Free Time

**Notes:**

Monday, May 27<sup>th</sup>

**Free Time**

Enjoy your day in London!

**Notes:**

Tuesday, May 28<sup>th</sup>

- 7:30** Picked up in front of hostel by London Country Tours
- 9:30** Salisbury Cathedral tour
- 11:00** Lunch in Salisbury
- 1:00** Old Sarum (Iron Age hill fort and Norman Castle)
- 2:30** Stonehenge (download the Stonehenge Audio Guide on your phone before we leave and take earbuds with you!)

**Notes:**



Wednesday, May 29<sup>th</sup>

**10:00** Tour of Museum of London  
Archaeological Archives

**PM** Free Time

**Notes:**

Thursday, May 30<sup>th</sup>

**9:00** Depart hostel

**10:40-12:10 Train:** London

Euston-Crewe

**12:47-1:08 Train:** Crewe-Chester

**1:24-2:16 Train:** Chester-Conwy

**PM** Free time in Conwy

**Notes:**

# Map of Conwy



Friday, May 31<sup>st</sup>

**9:30** Conwy Castle

**PM** Free Time in Conwy

**Notes:**

## Saturday, June 1st

**8:30** Depart hostel

**9:19-10:15** Train: Conwy-Chester

**10:23-11:18** Train: Chester-  
Manchester

**11:32-12:19** Train: Manchester-  
Leeds

**12:41-1:08** Train: Leeds-York

**PM** Free Time in York

**Notes:**

# Map of York



Sunday, June 2<sup>nd</sup>

**10:00** Jorvik Viking Centre  
**12:45** Depart hostel  
**1:37-2:35** Train: York-Newcastle  
**2:55-3:50** Train: Newcastle-  
Bardon Mill  
**3:50-4:00** Minibus to Vindolanda

**Notes:**

# Map of Vindolanda / Bardon Mill





Monday, June 3<sup>rd</sup> to Friday, June 7<sup>th</sup>

**8:30 AM** – Breakfast

**9:30 AM** – All Excavators meet at Hedley Centre

**9:45 AM – 12 Noon** – Excavation

**12:00 Noon – 1 PM** – Lunch

**1 PM – 2:30 PM** – Excavation **2:30**

**PM – 3 PM** – Tea Break

**3 PM – 4:30 PM** – Excavation

**\*Friday Only\*** 4:30 PM –  
Summing up talk on the weeks  
work by the Director of  
Excavations

**Notes:**

Saturday, June 8<sup>th</sup> and Sunday, June 9<sup>th</sup>

**Free Time at Vindolanda**

Explore the countryside and hike  
Hadrian's Wall!

**Notes:**

Monday, June 10<sup>th</sup> to Thursday, June 13<sup>th</sup>

**8:30 AM** – Breakfast

**9:30 AM** – All Excavators meet at Hedley Centre

**9:45 AM – 12 Noon** – Excavation

**12:00 Noon – 1 PM** – Lunch

**1 PM – 2:30 PM** – Excavation **2:30**

**PM – 3 PM** – Tea Break

**3 PM – 4:30 PM** – Excavation

**Notes:**

Friday, June 14<sup>th</sup>

**9:00 AM to 12:00 PM**

Archaeological excavation at  
Vindolanda

**5:00** Minibus to Bardon Mill

**5:37-6:16** Train: Bardon Mill-  
Carlisle

**7:05-8:25** Train: Carlisle-  
Edinburgh

**Notes:**

# Map of Edinburgh



Saturday, June 15<sup>th</sup>

**9:30** Edinburgh Castle

**PM** Free Time in Edinburgh

**Notes:**

Sunday, June 16<sup>th</sup>

**Departures from Edinburgh**

**Notes:**

**FLIGHT:** \_\_\_\_\_

**Departure Time:** \_\_\_\_\_

# Emergency Contact Information

**Dial 999** to reach Police, Fire, and Medical Assistance in the UK

## **U.S. Embassy London**

33 Nine Elms Lane  
London, SW11 7US  
United Kingdom  
Phone: [44] (0)20 7499-9000

## **U.S. Consulate Edinburgh, Scotland**

3 Regent Terrace  
Edinburgh EH7 5BW  
Phone [44] (0)131 556 8315